



# St Alban's C of E Academy

## Keeping Safe Online

Keeping children safe online is one of the biggest challenges facing society today and it is all of our responsibility to ensure that children are educated to make positive, informed choices when they are online. Following the national lockdowns, we have found as a school that children have spent more and more time online, and we have rewritten out e-safety curriculum to support children with this.

#### NouTube <sup>©</sup>

#### YouTube

YouTube lets you watch, listen, stream, create and comment on videos. YouTube is intended for users over the age of 13, however the App store rates YouTube as 17+ due to the content that can be found on there

How can I make YouTube safer? There are some steps that you can take to make it a safer environment for your child:

- Turn on Restricted mode this mode restricts the availability of mature content. You will need to set up a Google account to do this. Once set up, you can find this setting in options.
- Sit with your child and see what they are watching or set rules that devices should only be used in family areas.
- Ensure your child knows how to report inappropriate content.
- Make sure your child understands that they can talk to you if they see anything that makes them feel uncomfortable online.

#### Posting videos

To post videos on YouTube, you should be over 13 years of age. Talk to your child about posting videos, do they understand what information they should keep private and what to do if they receive any negative comments?

### Behaviour Online

It's important to talk to your child about how they behave online: if they choose to use technology to call somebody names or spread hurtful rumours, then they are involved in online bullying. Talk to your child, ask them how they would feel if the same was said or done to them? It can be very easy online for children to behave in a way that they wouldn't if they were face to face with each other.

Talk to your children about how they are speaking to others online.

# bekind

We know that during the Christmas break, children will spend more time online: it is extremely important that children keep themselves safe and inform any adults of inappropriate behavior.

It is also important that parents/carers support our children access appropriately aged material when online





You must be over 13 years of age to use TikTok. Users can watch musical clips, record 60 second clips (it includes lots of lip synching and dancing), edit them and add special effects.

TikTok have created their top 10 Tips for you, which provides a really useful overview of settings to make TikTok a safer environment: https://newsroom.tiktok.com/en-us/tiktoks-top-10-tips-for-parents

As with any app/website your child is using to interact with others, ensure that they know how to delete, report or block another user as well as know how to report any inappropriate content that they come across:

- https://support.tiktok.com/sv/privacy-safety/block-accounts-sv
- https://support.tiktok.com/en/privacy-safety/report-inappropriatecontent-default

# Family Safety Mode

TikTok have created Family Pairing to help you keep your child safe whilst using TikTok.

# Online Gaming

In some ways game classifications are just as important, if not more so, than age ratings for movies. In a movie rated 18, children may witness adult scenes of violence. In a game that is a PEGI 18, children would not only see these images but have the option to take part via their gaming character.

- PEGI 3— Completely clean, nothing offensive.
- PEGI 7— Games with this rating can include sounds and images that may be frightening to very young children and mild violence is acceptable. Mild violence in this context means implied, non-detailed and non-realistic.
- PEGI 12- Violence gets slightly more graphic in this category, and you may see acts of `non-realistic' violence towards `human-like characters'. Sexual innuendos might also be included in games with this rating. Mild bad language and gambling images/references may also be present.
- PEGI 16- You will find this rating on games that present more realistic, life-like depictions
  of violence or sexual activity. Bad language is more prevalent and extreme, and characters' use of drugs and alcohol may be seen.
- PEGI 18- This is an adult classification and a game with this rating may include gross, excessive violence with motiveless killing and/or violence towards innocent characters. Sexual activity and the use of drugs may be glamourised in games with this PEGI rating.







# Our E-Safety Curriculum

Across the year, all year groups have the opportunity to learn about:

- Media Balance and Wellbeing
  - Privacy and Securiti
  - Digital Footprints
- Relationships and Communication
  - Cyberbullying
- News and Media Literacy

It is important that parents and carers continue these conversations openly whilst at home to support and guide children through the world of online technology.







