

PE Curriculum Overview

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
N	Introduction to PE unit 1	PE Fundamentals Unit 1	Dance Unit 1	Gymnastics Unit 1	Ball Skills Unit 1	Games Unit 1
R	Introduction to PE unit 2	PE Fundamentals Unit 2	Dance Unit 2	Gymnastics Unit 2	Ball Skills Unit 2	Games Unit 2
1	Dance	Ball Skills	Invasion Games	Net/Wall	Striking & Fielding	Athletics
	PE Fundamentals	Gymnastics	Sending and Receiving	Target Games	Team Building	Fitness
2	Dance	Ball Skills	Invasion Games	Net/Wall	Striking & Fielding	Athletics
	PE Fundamentals	Gymnastics	Sending and Receiving	Target Games	Team Building	Fitness
3	Dance	Ball Skills	Dodgeball	Tennis	Cricket	Athletics
	PE Fundamentals	Gymnastics	Football	Netball	OAA	Fitness
4	Dance	Ball Skills	Hockey	Rounders	Fitness	Athletics
	PE Fundamentals	Gymnastics	Golf	OAA	Swimming	Swimming
5	Dance	Fitness	Swimming	Swimming	OAA	Athletics
	Hockey	Gymnastics	Netball	Dodgeball	Tennis	Fitness
6	Dance	Gymnastics	Tag Rugby	Badminton	OAA	Athletics
	Swimming	Swimming	Golf	Rounders	Volleyball	Fitness